

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



2:00 (C) (prime) "The Great" Ep 1 & 2

May Day

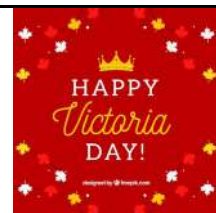
Happy Mother's Day

2:00 (C) "The Great" Ep 3 & 4

Mother's Day

2:00 (C) "The Great" Ep 5 & 6

2:00 (C) "The Great" Ep 7 & 8



2:00 Movie (C): "The Royal Treatment"

Victoria Day (Canada)

2:00 (C) "The Great" Ep 9 & 10

Memorial Day

Shuttle Today
Hairdresser Today
10:00 (Sign Up) Trip: Dollartree
10:15 (cl) Group Exercises
11:00 (C) Hymn Sing
1:00 (cl) Racket Balloon
2:00 (C) Town Hall Meeting
3:00 (C) DRUM BALL
3:30 (C) DRUM BALL

Shuttle Today
Hairdresser Today
10:00 (Sign Up) Trip: Scenic Drive
10:15 (cl) Group Exercises
11:00 (C) Hymn Sing
1:00 (cl) Racket Balloon
2:00 (C) DRUM BALL
2:30 (C) DRUM BALL

Shuttle Today
Hairdresser Today
10:00 (Sign Up) Trip: Grandads Donuts
10:15 (cl) Group Exercises
11:00 (C) Hymn Sing
1:00 (cl) Racket Balloon
2:00 (C) DRUM BALL
2:30 (C) DRUM BALL

Shuttle Today
Hairdresser Today
10:00 (Sign Up) Trip: Walk Around Gage Park
10:15 (cl) Group Exercises
11:00 (C) Hymn Sing
1:00 (cl) Racket Balloon
2:00 (C) Town Hall Meeting
3:00 (C) DRUM BALL
3:30 (C) DRUM BALL

Esthetician Today
10:15 (cl) Group Exercises
11:00 (C) TV TRIVIA!
1:00 (cl) Falls Prevention
1:20 (C) Funny Animal Videos
2:00 (C) BINGO

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Shuttle Today
Hairdresser Today
10:15 (cl) Group Exercises
11:00 (C) Armchair Travel: Mexico
1:00 (cl) Racket Balloon
1:30 (sign up) Trip: Dutch Mill & Country Market
2:00 (C) Jeopardy Trivia
2:30 (C) Documentary: "Our Great National Parks ep 1"
3:00 Dog visit with Scott & Lily

Shuttle Today
Hairdresser Today
10:15 (cl) Group Exercises
11:00 (C) Armchair Travel: Greenland
1:00 (cl) Racket Balloon
10:30 (sign up) Lunch Trip: My Thai Ancaster
2:00 (C) Jeopardy Trivia
2:30 (C) Documentary: "Animal: Big Cats & Dogs Ep 1 & 2"
3:00 Dog visit with Scott & Lily

Shuttle Today
Hairdresser Today
10:15 (cl) Group Exercises
11:00 (C) Armchair Travel: Iceland
1:00 (cl) Racket Balloon
1:30 (sign up) Trip: Terra Greenhouse to pick out plants for the garden!
2:00 (C) Jeopardy Trivia
2:30 (C)(P) Documentary: "McCartney: Now and Then"
3:00 Dog visit with Scott & Lily

Shuttle Today
Hairdresser Today
10:15 (cl) Group Exercises
11:00 (C) National Parks: ARIZONA
1:00 (cl) Racket Balloon
1:30 (sign up) TRIP: University Plaza Dundas: LCBO, Bulk barn, Dollarama, Shoppers etc.
2:00 (C) Jeopardy Trivia
2:30 (C) Documentary: "Eric Clapton: a crossroads"
3:00 Dog visit with Scott & Lily



10:15 (cl) Group Exercises
11:00 (C) Tech Assist
1:00 (cl) Ball Toss
2:00 (C) CINCO DE MAYO PARTY
Come Enjoy some Mexican Themed Drinks & Treats
Cinco de Mayo

RUTHS FASHION BOUTIQUE IN THE COTTAGE
10:15 (cl) Group Exercises
1:00 (cl) Ball Toss
2:30 (cl) Afternoon Tea with Entertainment by Harpist Ruth Sutherland & Doug Feaver

10:15 (cl) Group Exercises
11:00 (C) Tech Assist
1:00 (cl) Ball Toss
2:00 (C) Wine & Cheese Social

10:15 (cl) Group Exercises
11:00 (C) Tech Assist
1:00 (cl) Ball Toss
2:00 (C) Sing along with Heather!

Shuttle Today
Hairdresser Today
8:30 (cl) Falls Prevention
10:15 (cl) Group Exercises
10:30 (C) Java Music Club
2:00 (cl) Musical Entertainer Blaine Singer

Hairdresser Today
8:30 (cl) Falls Prevention
10:15 (cl) Group Exercises
10:30 (C) Java Music Club
2:00 (cl) Musical Entertainer Dave Burden

Shuttle Today
Hairdresser Today
8:30 (cl) Falls Prevention
10:15 (cl) Group Exercises
10:30 (C) Java Music Club
2:00 (cl) Musical Entertainer Jason Erlich

Hairdresser Today
8:30 (cl) Falls Prevention
10:15 (cl) Group Exercises
10:30 (C) Java Music Club
2:00 (cl) Musical Entertainer David Horton

2:00(C) Movie: "Brooklyn"
7:00 (C) Movie: "Maudie"

2:00(C) Movie: "Just Go With It"
7:00 (C) Movie: "Finding You"

2:00(C) (N) Movie: "Life Father"
7:00 (C) (N) Movie: "Tyler Perry and The Single Moms Club"
Armed Forces Day

2:00(C) (N) Movie: "Blended"
7:00 (C) (N) Movie: "Notes From My Son"

May 2022

(cl)- Café/lounge (C)- The Cottage

SPRING INTO WELLNESS EXERCISE PROGRAMS

All Residents Are Welcome To Join!

All Programs Are In The Cafe

TIME	MON	TUES	WED	THURS	FRI
8:30AM-9:30					Falls Prevention
10:15AM-11:00	General Exercise	General Exercise	General Exercise	General Exercise	General Exercise
11:05AM-12:00	Body Balance	Seated Yoga	Simple Stretch	Seated Yoga	Body Balance
1:00PM-2:00	Racket Balloon	Falls Prevention	Racket Balloon	Ball Toss	
2:00PM-3:00			Dancercise		

Thursday May 12th
At 2:30PM In the Cafe



Join us for an Afternoon Tea
with a Musical Performance
by
Harpist Ruth Sutherland
and
Fiddler Doug Feaver

BRAIN CHALLENGE

Name 3 of each

1. Red Flowers
2. Annual Flowers
3. Garden Herbs
4. Vegetables
5. Root Vegetables
6. Things you Trim
7. Things in a shed
8. Things in a backyard
9. Perennial Flowers
10. Fruit Trees
11. Parks Nearby
12. Garden Tools
13. Flowering Trees



MAY



Please help us serve you

Satisfaction Survey May 16th – 23rd 2022

We want to know how well we are doing.

We try hard to meet your needs and provide you with the best services possible. You can help us do a better job by telling us what we are doing well and where we are missing the mark. We have hired a private research company – Rice and Associates, to carry out a satisfaction survey and we need your help. Please take twenty minutes and complete this survey. No one will see your answers but the research company. They will provide a list of the comments and a summary report to us describing the averages for everyone (no names will be used). If you cannot fill out the questionnaire, please ask one of your family members to help. Your responses are important to us. Thank you for helping us. We believe that the information you provide will make this retirement residence an even better place to live. Please let the front desk know when you have completed your survey and we will put in a ticket for a chance to win one of our Draw Prizes. The Draw will take place on Monday May 30, 2022 at lunch time.

Anamaria Marinic
Executive Director
Caroline Place Retirement Residence